

poco Active
loco Poznań District



**10 Hiking,
Nordic Walking,
Running Routes**

We have a very deep bond with nature. **The forest is like our second home, a friendly place, a value worth appreciating.** Copious research shows that **contact with nature affects our health and our level of happiness and life satisfaction.** The sounds of the forest, the scent of trees and fresh, clean air - all this soothes us, **relieving us from everyday stress and tension.** We forget about our worries and find it easier to fully relax.

Contact with nature strengthens our immune system and supports our bodies in self-healing. Physical activity in the forest, such as **running, Nordic Walking and cycling, has a positive effect on mental health, helps us regain strength, energy and joy of life.** Time spent in the bosom of nature stimulates our creativity, nervous system, creative thinking and our way of coping with stress and problems.

When in nature we are very often surrounded by silence, which is increasingly hard to find, and which is so important for **our inner peace and harmony.**

The “aktywny powiat poznański” (active Poznań District) project, which familiarizes people with the hiking, running and Nordic Walking trails in Poznań District, aims to draw attention to the most beautiful forest trails in the local area.

We hope that they will help and inspire you to discover the beauty and the good things offered by the surrounding nature.



HOW TO USE THIS GUIDE

In our first publication on **hiking and running routes**, we present you **10 proposals in various parts of the Poznan District**. In our opinion, these worth visiting places are good for everyone who likes to combine sport with exploring our microregion.

Each of our proposals consists of several parts. These are:

- a map showing the route on a tourist background,
- a description of the route,
- listed attractions that are worth paying attention to during the trip,
- important information in pictograms:



Start / finish places



Length of the route



Elevation



Information about marking or not marking the route



- links to visualize the route in **Google Maps** and to download a **GPX** i **KML** file,
- pictograms suggesting the best form of activity adapted to the length of the route:



Hiking Route



Nordic Walking Route



Runners Route

GPX files can be uploaded to the navigation device or opened using a dedicated application. For people who do not have watches with a navigation option, we recommend using e.g. the **mapy.cz** portal.

The KML file can be opened with the **Google My Maps** application which can be downloaded **here**. Navigation in this application consists in comparing your position with the displayed route course.

You can see all routes **here** on the Google Maps website.

Additionally, we have prepared a map of the entire Poznan County with marked routes in pdf format. You can download the map **here**.

THE CONTENTS

INTRODUCTION.....	2
HOW TO USE THIS GUIDE.....	3
1 ACTIVE TRIO IN WPN - MOSIŃSKA LOOP.....	5-6
2 ACTIVE TRIO IN WPN - KOMORNICKA LOOP.....	7-8
3 ACTIVE TRIO IN WPN - PUSZCZYKOWSKA LOOP.....	9-10
4 ŁYSY MŁYN.....	12-13
5 PROMNO LANDSCAPE PARK.....	14-15
6 POBIEDZISKA - KAPALICA.....	17-18
7 LUSOWSKIE LAKE.....	19-20
8 THE ROGALIN LANDSCAPE PARK.....	21-22
9 ZIELONKA FOREST - A FOUR-LAKES ROUTE.....	23-24
10 ZIELONKA FOREST - DZIEWICZA MOUNTAIN.....	25-26
ABOUT US - POCO LOCO ADVENTURE.....	27
OUR EVENTS.....	28
THE POZNAŃ DISTRICT.....	30-32





1 ACTIVE TRIO IN THE WIELKOPOLSKI NATIONAL PARK - MOSIŃSKA LOOP

The **Wielkopolski National Park** offers a very attractive and diversified terrain within a mere 20 km from the center of Poznań. **Established in 1957, the Park covers an area of nearly 8,000 hectares.** A few years ago, three activity routes for active leisure enthusiasts were designated around the WNP. **One of them is the Mosina Loop - our shortest course.** This loop is a great place for a **cross-country run, hiking, Nordic Walking, and if you are lucky - cross-country skiing in the winter.** Professor Adam Wodziczko, the initiator behind the WNP, described this place as a **“real museum of post-glacial landforms”.** The loop offers diversified landscape and terrain. It runs across numerous hills and lakes in the form of oval kettles. **The route begins at the Osowa Mountain tourist car park,** where you can leave your car. After passing **Głaz Zamoyskiego (Zamoyski’s glacial boulder)** and then **Studnia Napoleona (Napoleon’s well)** the route will take you to **Kociołek Lake.** From there you will head to **Leśniczówka Górką (Górką Forester’s Lodge)** and then towards the **Grabina nature reserve.** An interesting fact is that it is one of the most natural forest complexes in the Wielkopolski National Park and **home to 140-year-old oaks and hornbeams.** The route runs back along Kociołek Lake to the Tourist Station.

1 ACTIVE TRIO IN THE WIELKOPOLSKI NATIONAL PARK - MOSIŃSKA LOOP



NAPOLEON'S WELL

At the very beginning of the route is Napoleon's well. It is said that Bonaparte himself drank the water from it. Legend has it that once a year the water turns into champagne.



KOCIOŁEK LAKE

Kociołek Lake is a post-glacial plunge pool-type lake. This is a strictly protected area in the WNP. This small, circular reservoir is surrounded by 200-year-old pines and oaks.



Osowa Mountain
Tourist Station



7,4 km



73 m



Direction signs,
sign in the parking



OBSERVATION TOWER

Near the loop's starting point, there is an almost 17-meter-high wooden observation tower - right next to "Glinianki" beach. From here you can see a panorama of the city of Poznań, Mosina and the entire Wielkopolski National Park. Admission is free.



Click [here](#) to see the map in Google Maps or scan the QR code.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).



2 ACTIVE TRIO IN THE WIELKOPOLSKI NATIONAL PARK - KOMORNICKA LOOP

The **Komorniki Loop** is our next route in the **Wielkopolski National Park**. This time the course **starts in Szreniawa**. There are several car parks here. You can also park your car at the **National Museum of Agriculture and Food Industry in Szreniawa**. In addition to the Museum itself, which is worth visiting, there is also a catering outlet and a board presenting the map of the routes. This time we face a **10-kilometer route, running across diversified forest and field areas**. First, the signs placed along the route will take you to **Las Wirski (Wirski Forest)**. After a while, you will pass a building on a hill - it is **the Mauzoleum Bierbaumów (Bierbaum Mausoleum)**. We encourage you to visit the Mausoleum and the vantage point at the top **of the tower**. When at an altitude of 118 meters above sea level, you will be able to admire the vast **panorama of the Wielkopolski National Park, Poznań and Komorniki**. From there you will run along a long stretch through the forest, then you will turn to **Leśniczówka Wiry (Wiry Forester's Lodge)**, and then to the village of **Jarosławiec on Jarosławieckie Lake**. Summer visitors can use **the beach** located here. The Komorniki Loop will lead you further near the lake shore, and then along a straight section through **the Szreniawa fields** back to Szreniawa.

2 ACTIVE TRIO IN THE WIELKOPOLSKI NATIONAL PARK - KOMORNICKA LOOP



NATIONAL MUSEUM - SZRENIAWA

Over 20,000 exhibits at the National Museum of Agriculture and Food Industry provide interesting information on how food and other goods from natural resources are made.

THE BIERBAUM MAUSOLEUM

The Bierbaum Mausoleum dates back to 1860. The first owner of the estate in Szreniawa buried his tragically deceased daughter here. Today the tower is a perfect view point.



Szreniawa - a forest car park



10 km



99 m



Direction signs,
sign in the parking



JAROSŁAWIECKIE LAKE

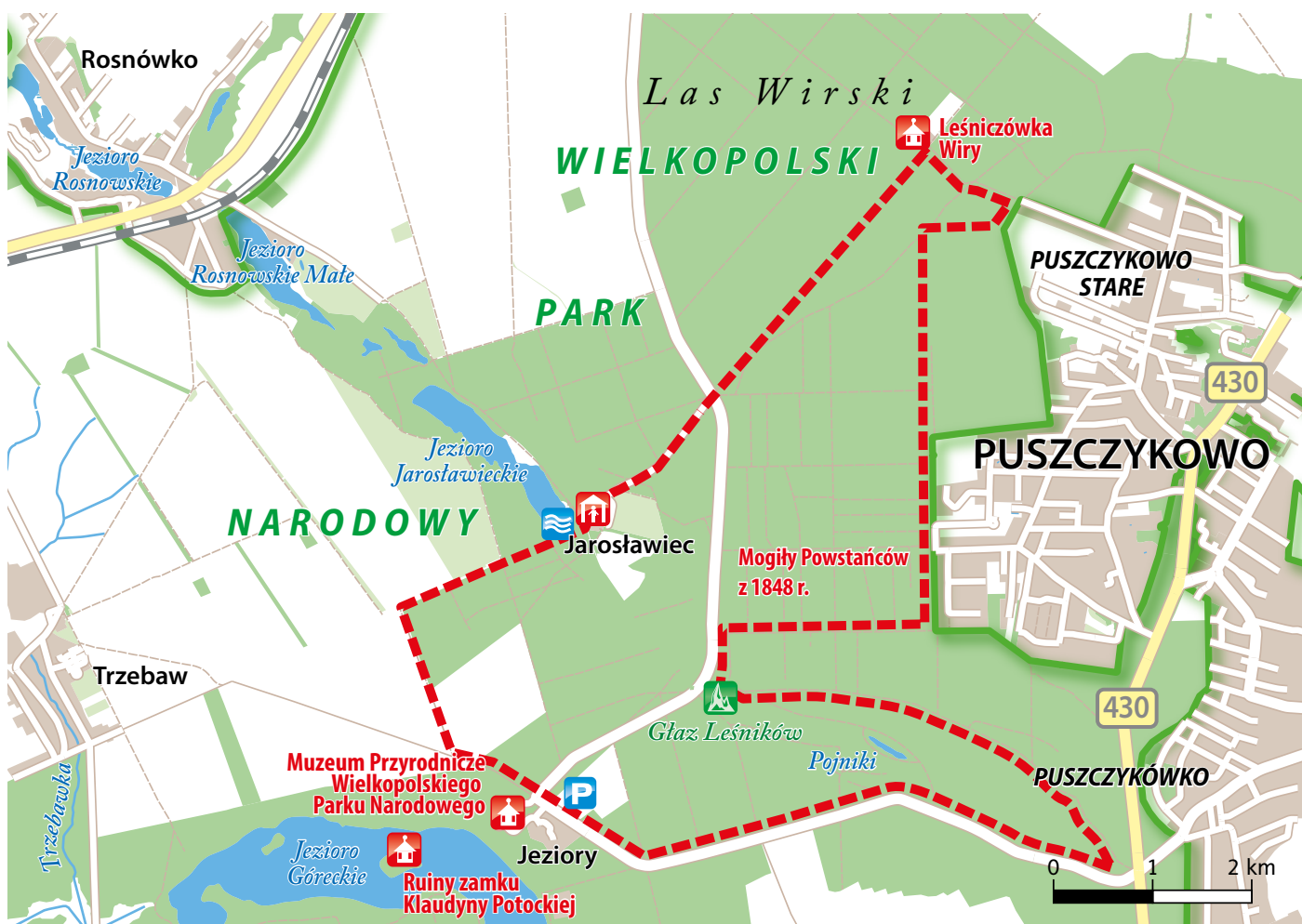
You should also take a hike along the Jarosławieckie Lake. In the summer, this picturesque lake attracts visitors with its beach.



Click [here](#) to see the map in Google Maps or scan the QR code.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).



3 ACTIVE TRIO IN THE WIELKOPOLSKI NATIONAL PARK - PUSZCZYKOWSKA LOOP

Nature and close proximity to the **Wielkopolski National Park** were the reasons behind our 2014 decision to organize **running races in the Park**. It continues today, in the summer and winter alike. In this guidebook we present to you the **15-kilometer course that is the base for the half marathon we organize**. Its length makes it a better choice for **runners or, in favorable winter conditions, cross-country skiers as well**. Due to the fact that the route is a loop, it can be started from one of several forest car parks. This guidebook describes the route **starting at the car park in Jeziory** because that is where you will find **a board with the Active Trio routes in the Wielkopolski National Park**. From Jeziory take the forest path along the road towards **Puszczykowo**. Then veer left into the yellow trail leading through **the picturesque Pojniki** strict protection reserve to **Głaz Leśników (Leśników Boulder)**. From there, the route runs towards the tombs of insurgents from 1848, and then along Puszczykowo, up to **Leśniczówka Wiry (Wiry Forester's Lodge)**. At this point, turn back and follow the forest route to **Jarosławiec and Jarosławieckie Lake**. We encourage you to make a stop at the **local beach in the summer**. Continue to run along the route towards **Trzebaw**, then turn into the forest while heading back to the Jeziory car park.

3 ACTIVE TRIO IN THE WIELKOPOLSKI NATIONAL PARK - PUSZCZYKOWSKA LOOP



LEŚNIKÓW BOULDER

The 4-meter high and over 20-ton Leśników Boulder is the only inanimate nature monument in the WNP and is dedicated to the memory of Polish foresters.



A car park in Jeziory



15,5 km



166 m



Direction signs,
sign in the parking



Click [here](#) to see the map in Google Maps or scan the QR code.



NATURAL SCIENCE MUSEUM

When in Jeziory you can also visit the Natural Science Museum of the Wielkopolski National Park and climb the viewpoint on Góreckie Lake to observe cormorants.



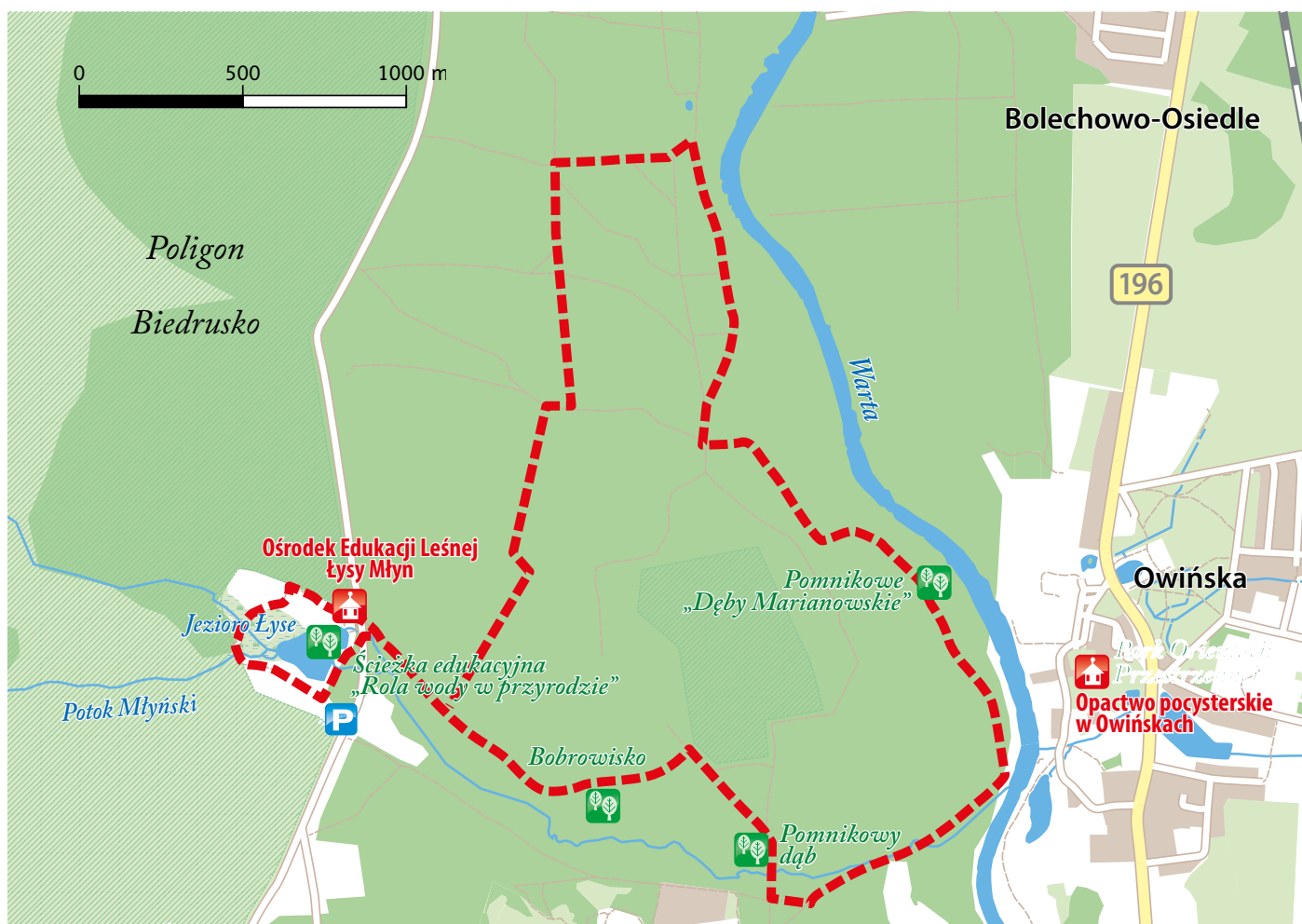
GÓRECKIE LAKE - CASTLE

The small castle in the middle of Góreckie Lake was built by Tytus Działyński as a wedding gift for his sister Klaudyna. The castle was bombarded by Prussians during the Revolutions of 1848.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).





4 ŁYSY MŁYN

Łysy Młyn is located by the Poznań-Biedrusko road. It is a perfect place for an **outdoor picnic, a trip with children or an unusual training session**. Here you will find a **well-equipped tourist base and attractive paths**. The Łysy Młyn running path is one of 25 forest routes throughout Poland, which were created as part of the **“Freedom is in nature” project**. The route is a 9-kilometer loop **leading along the edge of the Natura 2000 area in the Łopuchówko Forest District**. It is marked with wooden posts and guideposts and runs through the entire forest. The course starts at the **car park by Łysy Młyn** and then circles **Staw Młyński (Mill Pond)**. Unfortunately, you have to skirt round this part due to the current reconstruction of footbridges over the wetlands. As soon as the footbridges return to their place, you should follow **“The role of water in nature”** educational trail around this artificial lake. The hiking and running route will lead you in the other direction, **through a marshy forest**. Individual sections of the path run **in the immediate vicinity of the Warta River** and offer a view of the river and **Owińska** with the buildings of the **Former Cistercian Church and Monastery**. In 2022, a pedestrian and bicycle bridge over the Warta River is to be built here. You will find yourself surrounded by monumental trees - **over one hundred 200-year-old old-growth oaks**.

4 ŁYSY MŁYN



GEOCACHING

Geocaching is a game of searching for hidden chests (like treasures!) using a GPS receiver. There are 19 such chests waiting to be discovered along the course in Łysy Młyn.



a car park by the Forest Education Centre "Łysy Młyn" near Biedrusko



9 km



81 m



Wooden posts,
direction signs



Click [here](#) to see the map in Google Maps or scan the QR code.



HERMIT BEETLE

The hermit beetle discovered in this area a few years ago is one of the largest beetles in Poland. It owes its name to a pleasant and strong smell emitted by adult males, which is reminiscent of the smell of dried apricots.



WATER MILL

A great attraction is the restored and open to visitors 15th-century water mill, which houses the Forest Education Center, a forest laboratory or the mysterious world of insects.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).



5 THE PROMNO LANDSCAPE PARK

This time, we invite you to the north-eastern part of Poznań District. We will discover the **Promno Landscape Park** established to protect the post-glacial moraine landscape and forests with an **abundant undergrowth of shrubs and perennials**. The Park is exceptionally picturesque, especially in two seasons. It is best to come here **in the spring, during the period of mass flowering of undergrowth plants, with flower carpets spreading in front of us, or in the fall - to see old deciduous stands in their golden-red colors**. We start our trip at a forest car park near **Brzostek Lake** offering a lake-circling route and a bathing beach. However, we suggest that you leave the car park and go towards the road, cross it, and then follow the **forest road through the Promno Landscape Park**. When at the fork, turn right and go further along the shore of **Dębiniec Lake**. It is a habitat of numerous **wild ducks, bitterns, grebes and common moorhens**. At the **Promno railway station**, turn left and head back, initially towards **Promienek**, and then through the forest back to the starting point. When going back from Dębiniec Lake we can also follow the same path as we did coming here.

5 THE PROMNO LANDSCAPE PARK



PROMNO LANDSCAPE PARK

The Promno Landscape Park is an area largely transformed by water engineers - beavers. It is also home to some of the larger mammals, such as roe deer, red deer, wild boars, foxes and otters.



A car park near Promno village



Approx. 8,6 km



104 m



None, take a GPS



Click [here](#) to see the map in Google Maps or scan the QR code.



DĘBINIEC LAKE RESERVE

The Dębinięc Lake Reserve is rich in peat-meadow vegetation, including, among other things, sundews, cranberries, butterworts, cottongrass and horsetails.



DECIDUOUS FOREST RESERVE IN PROMNO

Near the starting point there is also another unique reserve worth visiting - the Deciduous Forest Reserve in Promno, with numerous hills and a natural mixed forest.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).





6 POBIEDZISKA - KAPALICA

The picturesque landscape of the **Pobiedziska municipality** is the result of the **Baltic glaciation**. The place is **rich in trails for Nordic Walking enthusiasts**. We'd like to invite you to visit the **Pobiedziska-Kapalica** trail, offering a variety of hiking possibilities. The trail leads from the historic urban buildings of **Pobiedziska** through the **Promno Landscape Park protection zone** to its very center, where you can admire the charming **Drążynek Lake nature reserve**. The reserve is located in a kettle hole, surrounded by undulating **moraine hills**, reflected in the water surface of the overgrown mid-forest **Drążynek Lake** in the middle and adjacent marshy meadows. To the south, the trail borders on the mixed deciduous forest of the **Promno Landscape Park**, which is worth visiting especially **in the spring to admire the flower carpets**. The amazing experience of the closest ever contact with nature awaits those who decide to visit the local forest paths. **Divided into several loops**, the trail allows you to choose a route of any length and configuration.

6 POBIEDZISKA - KAPALICA



MAŁE LAKE AND I DOBRE LAKE

In Pobiedziska itself, there are two water reservoirs - Małe Lake Lake (with the site of a former defensive settlement on the peninsula) and Dobre Lake.



A market place at Małe Lake in Pobiedziska.



approx. 10 km (the longest loop)



max. 95 m



The course is marked with the letters NW and yellow color.



Click [here](#) to see the map in Google Maps or scan the QR code.



DRAŻYNEK LAKE RESERVE

The Drażynek Lake reserve is surrounded by undulating moraine hills mirrored in the water surface of the overgrown mid-forest Drażynek Lake in the middle.

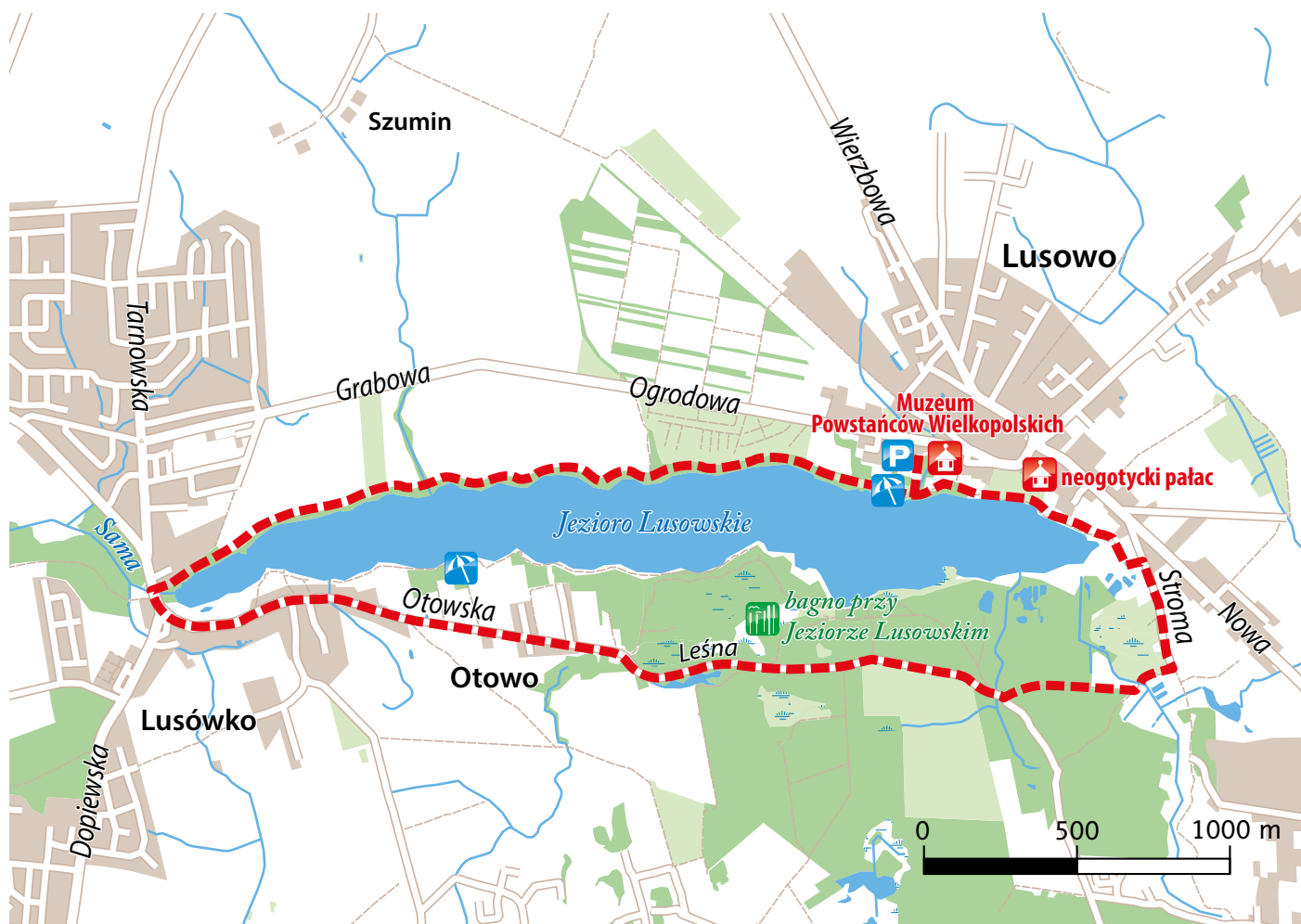


MINIATURE OPEN-AIR MUSEUM OF PIAST TRAIL

When in Pobiedziska visit the Miniature Open-air Museum exhibiting 37 mock-ups of historic buildings from Szlak Piastowski (Piast Trail) and the Greater Poland region. Right next to it, there is also the Pobiedziska Stronghold - a replica of a medieval one.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).



7 LUSOWSKIE LAKE

We set off from **Lusowo** on a **trip around the lake**. In the northern part of this route, you will run by the very **water shore**. When reaching **Lusówko**, turn into Otowska Street. Things change in the south. The route is no longer adjacent to the water although you can easily reach it taking one of many left turns. Then the route leads **into the forest along Leśna Street**. Here, too, **you can try to veer away from the main route and take one of the paths that lead along the marshes by the lake**. When crossing the local forest, you will probably not run into other hikers, so it is even more important to **remember about a map or a navigating device**. The **local swamps** are breath taking and let you experience the real, wild nature. Take Stroma Street leading north. Now, running further along the lake and by a **neo-Gothic palace** in the park, you will get **back to Lusowo**, with its **beach and catering facilities**.

7 LUSOWSKIE LAKE



NEO-GOTHIC PALACE

The neo-Gothic palace in Lusowo is a former estate of General Józef Dowbor-Muśnicki (1867-1937), commander of the Greater Poland Uprising and organizer of the Greater Poland Army.



A car park in Lusowo



10 km



54 m



None, take a GPS



Click [here](#) to see the map in Google Maps or scan the QR code.



LUSOWSKIE LAKE

The northern part of the lake provides access to tourist infrastructure and guarded bathing area with water equipment rental.



MUZEUM W LUSOWIE

The Museum of Greater Poland Uprising in Lusowo collects documents, maps, photos, banners, uniforms, military, models and other memorabilia about the Greater Poland Uprising, Insurgents and soldiers of the Greater Poland Army.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).



8 THE ROGALIN LANDSCAPE PARK

This time let us take you to the **Warta River marshy meadows** and not the forest. Along the Warta River, between Puszczykowo and the surroundings of Śrem, there is the **Rogalin Landscape Park with an area of 127 square kilometers**. The Park covers the Warta flood plain, wetlands with numerous oxbow lakes. The landscape of endless meadows is interrupted by prominent, **magnificent pedunculate oaks**. According to the 1992 count, **there are about 2,000 oaks in this area, with 1,435 classified as nature monuments due to their circumference of more than 200 centimeters (at a height of 1.3 meters)**. This is the largest cluster of centuries-old pedunculate oaks in Europe. The most peculiar-looking are the dead, majestic oaks, which are not removed because they are a habitat and shelter for many other precious species. **It is a paradise for photographers and people who value peace and the beauty of nature and a perfect spot for a walk or a quick outdoor hike**. You can start your trip at the car park by the **Rogalin Palace** offering tourist infrastructure and eating facilities. The paths we propose will lead you through the **Rogalin marshy meadows**, wide overflow areas and meadows. You will also find many observation points here. When walking through these areas, remember that **some of the local oaks date back to 15th, 16th or 17th century**.

8 THE ROGALIN LANDSCAPE PARK



ROGALIN OAKS

The most famous Rogalin oaks – “Lech”, “Czech” and “Rus” - grow in the romantic English park by the Palace.



A car park by the Palace



8 km



51 m



None, take a GPS



Click [here](#) to see the map in Google Maps or scan the QR code.



ST. MARCELLINUS CHURCH

St. Marcellinus Church, built in the shape of a Roman temple in Nîmes, is also a mausoleum of the Raczyński family, whose remains rest in its vaults.

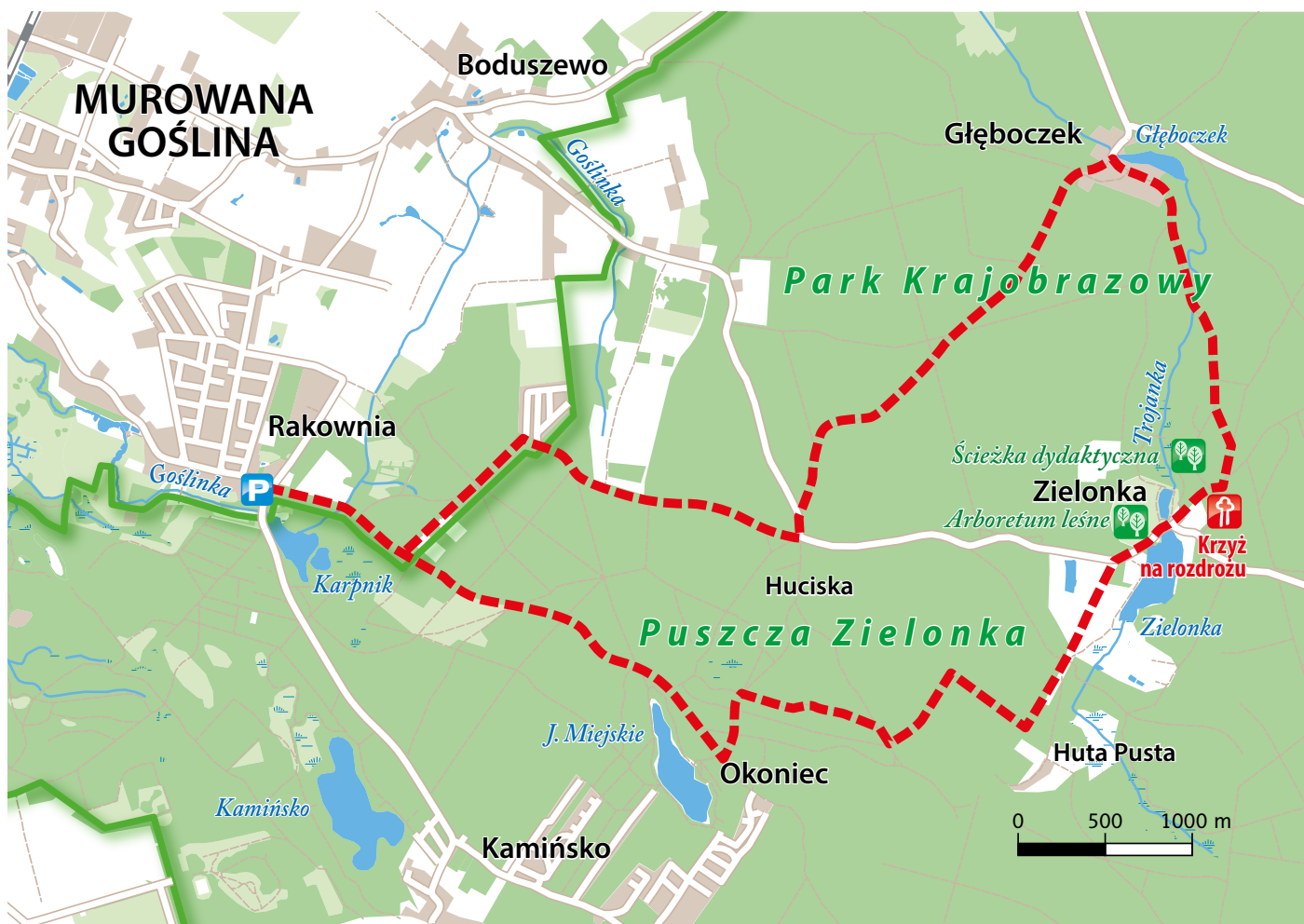


CLASSICAL PALACE

The classical palace with French-style gardens is a Polish pearl of residential architecture. The building, preserved in its original style, delights with its palace interiors. In addition, we can visit the carriage house and a painting gallery with the works of Jan Matejko.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).



9 PUSZCZA ZIELONKA (ZIELONKA FOREST) - A FOUR-LAKE ROUTE

The **Zielonka Forest Landscape Park**, located north-east of Poznań, was established in 1993 and today covers an area of 12,000 hectares. The feature distinguishing this place is **the large area (almost 80%) covered by forest areas**. We've selected two routes leading through different areas of the Forest. **The first starts in Rakownia**. The best option is to park a car at a forest car park and get straight on the trail. On the right you'll pass the first body of water - **Karpnik Lake**. Continue through the forest until you reach the forest settlement of **Okoniec at Miejskie Lake** - a spot offering a quiet, **pleasant beach worth enjoying in the summer**. From there, take a route overlapping with a red bike trail and proceed to Zielonka located by the lake having the same name. You will reach **the Research and Education Center of Poznań University of Life Sciences**, offering plenty of educational activities. It is famous for the **Forest Arboretum**, **educational trails (such as Owadogród - Insect Garden)** or an **outdoor game**. Continuing from there you will reach a cross at a fork. Take the left path leading north. The blue trail will lead you to the **Głęboczek settlement** and the lake of the same name - the fourth one on our route. You may be surprised, but this village was once an urban settlement - in the 15th century it was granted civic rights, as written on a boulder on the shore of a small lake. From Głęboczek, take the green trail south towards **Hucisk**, but before the settlement turn right into a forest path, and then left back to Rakownia.

9 PUSZCZA ZIELONKA (ZIELONKA FOREST) - A FOUR-LAKE ROUTE



ORIENTEERING

In the forest near Rakownia, you can find wooden posts marked with numbers - the so-called Green Control Bars for orienteering with a special map.



Rakownia - a forest car park



15,7 km



154 m



None, take a GPS

FOREST ARBORETUM

The Forest Arboretum in Zielonka exhibits over 900 species of trees and shrubs from across Poland and all over the world. In addition to plants, you will also see many sculptures here. They remained in this place as a result of sculptural plein-air.



WOODEN BRIDGE - TROJANKA RIVER

A wooden, covered bridge over the Trojanka River on the educational trail in Zielonka is a perfect place to observe a banded demoiselle.



Click [here](#) to see the map in Google Maps or scan the QR code.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).



10 ZIELONKA FOREST - DZIEWICZA GÓRA (DZIEWICZA MOUNTAIN)

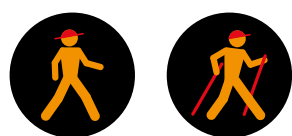
The second route in the **Zielonka Forest** is shorter but much more challenging. The landscape of the Zielonka Forest is hilly with the highest hill **Dziewicza Mountain**. These very hills make the course difficult (a total of **200 meters uphill**). **Dziewicza Mountain** will be your first destination after you park your car and set off. **Dziewicza Mountain**, at 143 meters above sea level, is the **second highest elevation in the Poznań District, after Góra Moraska (Morasko Mountain)**. At the top of **Dziewicza Mountain** is an **observation tower**, which will allow you to climb even higher. In the spring the entire undergrowth is covered with lilies of the valley. From **Dziewicza Mountain** you will go down the red trail until you leave the forest and enter **łąki annowskie (Annowo meadows)**, and then dive back into the forest. The red trail will veer right, but you will continue straight ahead along the blue trail. Soon you will see the stonewort ponds on your left. On the opposite side of the trail there are **Owińska** post-excavation ponds. The blue trail leads us further, through the vicinity of **Annowo** to the starting point of our trip - **Dziewicza Mountain**.

10 ZIELONKA FOREST - DZIEWICZA GÓRA (DZIEWICZA MOUNTAIN)



OBSERVATION TOWER

In 2005 on the top of Dziewicza Mountain a tower was erected, which today serves as a tourist attraction. If you want to climb 172 steps to the top, first check the tower's opening hours.



A car park at the foot of Dziewicza Mountain



14 km



202 m



None, take a GPS



DZIEWICZA MOUNTAIN

The hill itself is named after the Cistercian nuns in Owińska, who obtained the hill under the auspices of Prince Przemysław I in the first half of the 13th century.



AKWEN TROPICANA

By the ponds in Owińska there is the Akwen Tropicana bathing place and a waterpark. It is definitely worth visiting on a hot summer day.



Click [here](#) to see the map in Google Maps or scan the QR code.

Download the GPX file [here](#).

Download the KML file for Google My Maps App [here](#).

ABOUT US

We represent the **Poco Loco Adventure Association**, where our main goal is to promote the **active lifestyle, sports and outdoor activities**.

Poco Loco was born out of passion. Passion for exploring the world, sport, exploring new areas and achieving ambitious goals.

Since 2014, we have been organizing **the Forest Run** and **the Winter Forest Run** in the **Wielkopolski National Park** as well as **the Karkonosze Winter Ultramarathon** in **Karkonoski National Park**. This year, we are starting with a new cycling event **in the Greater Poland - a bicycle race around Poznań – called “Poznańska Korba”**. In 2018-2019, we organized the **GETAWAY Active Tourism Festival in Poznań**, which hosted the most recognized figures of Polish outdoor.

We create publications promoting running and cycling paths. **We organize trainings to encourage sports in nature**. Orienteering is also close to us, and in several forest districts of the State Forests **we have managed to create routes designed for this, the so-called Green Checkpoints**.

Poco Loco are people who enjoy life to the fullest. In our projects, we are helped by people whose energy drives us to act. We raise the bar high and constantly set ourselves new challenges. **We take part in adventure rallies, mountain running, we go on expeditions, we travel**. We join forces to be able to do things that will bring you and you a lot of satisfaction.





17.07.2021

Ring
around
Poznań

www.poznanskakorba.pl

FOREST
Run

11.09.2021

Wielkopolski
National Park

www.forestrun.pl


ZIMOWY
ULTRAMARATON
KARKONOSKI
imięna Tomka Kowalskiego 50
KM

26.02.2022

Karkonoski
National Park

www.ultramaratonkarkonoski.pl

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POWIAT
POZNAŃSKI

To styl życia!

Miejsce wygodne dla mieszkańców i turystów, gdzie każdy może znaleźć dla siebie odpowiednią formę aktywnego spędzenia czasu.

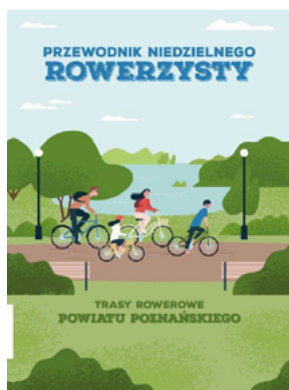


Przewodnik niedzielnego pogromcy duchów i nie tylko



W każdej legendzie kryje się ziarno prawdy. To sprawia, że chętnie je odkrywamy. Warto też poznać nasze miejscowości, gminy, powiat poznański przez pryzmat związanych z nimi legendami. W przewodniku jest siedemnaście legend, po jednej z każdej gminy powiatu poznańskiego. Wierzymy, że legendy tutaj opisane zachęcą do aktywnego i ciekawego spędzania czasu w plenerze.

Przewodnik niedzielnego rowerzysty



W powiecie poznańskim powstają coraz to nowe ścieżki rowerowe i szlaki turystyczne. I to je przede wszystkim proponujemy na rowerowe wycieczki - podpowiadamy, gdzie warto pojechać i co warto zobaczyć. W publikacji każdy opis wycieczki składa się z trzech elementów: mapy okolic z zaznaczonym przebiegiem trasy wycieczki, tekstowego opisu przybliżającego główne atrakcje i charakterystyczne punkty na trasie oraz kodu QR prowadzącego do śladu GPS zapisanego na mapie Google.

Przewodnik niedzielnego tropiciela



Spacer piętnastoma różnorodnymi ścieżkami poznawczymi to możliwość poznania walorów przyrodniczych, kulturowych, historycznych i architektonicznych powiatu. Ścieżki przebiegają w Wielkopolskim Parku Narodowym, w trzech parkach krajobrazowych. Ale nie tylko... Oznaczenia i opisy zawarte w przewodniku pozwalają dostosować wybór trasy i atrakcji do możliwości, zainteresowań, pór roku i ilości wolnego czasu.

Przewodnik na każdy dzień








To zaproszenie do aktywnego trybu życia i poznawania swojej najbliższej okolicy. Proponujemy nie tylko miejsca powszechnie znane, ale i takie, o których opowie dopiero ta publikacja. Wszystkie łączy jedno - to miejsca warte odwiedzenia. Czy to indywidualnie, czy to z przewodnikiem. Zachęcamy również do uczestnictwa w licznych wydarzeniach kulturalnych, edukacyjnych, sportowych lub kulinarnych.

Śladami wielkich podróżników



Z „Paszportem Podróżników” dotrzemy do miejsc związanych z wielkimi podróżnikami: Władysławem Zamoyskim, Edwardem Raczyńskim, Arkadym Fiedlerem oraz ojcem Marianem Żelazkiem. Wszyscy oni poświęcili część swojego życia na dalekie podróże, z których przywieźli fascynujące eksponaty, które możemy podziwiać w Kórniku, Rogalinie, Puszczykowie, Chludowie i Uzarzewie. Na odkrywców, którzy tam dotrą czekają upominki. Jak je zdobyć? Wystarczy wyruszyć do pięciu wskazanych w paszporcie miejsc.

-  Muzeum – Pracownia Literacka Arkadego Fiedlera w Puszczykowie
-  Zespół Pałacowo – Parkowy w Rogalinie
-  Zamek w Kórniku
-  Zgromadzenie Słowa Bożego – Księża Werbiści w Chludowie
-  Muzeum Przyrodniczo – Łowieckie w Uzarzewie

W każdym z tych miejsc otrzymamy paszport. Tam też znajdują się pieczętki, które należy przybić w naszej książeczce. Paszport wysyłamy lub przynosimy do Starostwa Powiatowego w Poznaniu, ul. Jackowskiego 18 i odbieramy upominek.

Powiatowe questy, czyli na tropie skarbów



Poszukiwanie turystycznych „skarbów” przynosi sporo frajdy, pozwalając niejako przy okazji odkryć sekrety i tajemnice miejscowości powiatu poznańskiego. Zadaniem uczestników akcji „Na tropie skarbów” jest przejście sześciu dowolnych tras questów w powiecie poznańskim. Potwierdzeniem przejścia trasy jest odcisk pieczęci na ulotce questowej oraz na Karcie Przygody. Ulotki questowe oraz Kartę Przygody można wydrukować ze strony powiat.poznan.pl lub otrzymać w punktach informacji turystycznej w Poznaniu (Stary Rynek), Mosinie, Pobiedziskach lub Puszczykowie.

Z opieczętowaną Kartą Przygody zapraszamy do Starostwa Powiatowego w Poznaniu, ul. Jackowskiego 18 lub do wymienionych punktów po odbiór upominku.

Zostań z powiatem poznańskim

Jak ciekawie spędzić czas?
Z powiatem poznańskim!

Tutaj znajdują się propozycje zabaw w plenerze jak i w domu:

powiat.poznan.pl/zostanzpowiatempoznanskim

Dla tych co lubią czytać, mamy serię wydawnictw. Zapraszamy na powiat.poznan.pl/publikacje

Aktywny Powiat Poznański

Przewodnik w wersji elektronicznej do pobrania tutaj:
powiat.poznan.pl/aktywny-powiat-poznanski/



Przewodnik Aktywny Powiat Poznański można pobrać też po zeskanowaniu kodu QR

